



# HFSA Virtual Heart Failure Patient & Caregiver Day 2022

## *A virtual program of education and support for patients with heart failure and their caregivers*

Join fellow patients with heart failure, their caregivers, and leading heart failure experts at the 3<sup>rd</sup> annual Heart Failure Patient and Caregiver Day, hosted by the Heart Failure Society of America (HFSA). Taking place virtually from 10:00 AM to 1:15 PM ET on Saturday, February 12, 2022, these interactive educational sessions and demonstrations will create a platform for engaging discussions on improving the condition of heart failure.

### OBJECTIVES

- Provide easy-to-understand and engaging patient education on all aspects of heart failure treatment and management
- Help patients and caregivers understand heart failure and empower them to discuss management and treatment options with their healthcare provider
- Encourage patients to utilize resources available in their community that offer support and encouragement in the management of heart failure

### COOKING DEMO

Dr. Richard Collins, also known as the “cooking cardiologist,” will conduct a heart-healthy cooking demonstration and co-lead a discussion on managing diet, exercise, and mental health. Recipes and cooking tips will be shared to try at home.



### REGISTRATION DETAILS

**WHEN:** 10:00 AM to 1:15 PM ET  
Saturday, February 12, 2022

**REGISTER:** To register, click [HERE](#) or use the following link: [www.hfsa.org/patientday2022](http://www.hfsa.org/patientday2022). For those unable to attend the virtual event on February 12, the program will be available OnDemand at a later time. Register for the event to receive information after the event.

**NO COST:** Attendance is complimentary to all patients with heart failure, their caregivers, and health professionals.

**FOR MORE INFORMATION:** Scan the QR code for more information or contact Sue Ramthun with HFSA at [sramthun@hfsa.org](mailto:sramthun@hfsa.org).



# HFSA PATIENT AND CAREGIVER DAY SUPPORTERS

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